



**2002
International
Europe Class
World Championship**

Royal Hamilton Yacht Club
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Sports Medicine Clinic and Spa

The 2002 International Europe Class World Championship will feature on-site care for athletes by noted sports medicine professionals, as well as leading practitioners of chiropractic and naturopathic medicine, physiotherapy, massage therapy, and first aid.

Two years ago, the idea of having such on-site medical support for athletes – even those participating in a high-profile, international event – was just that: an idea.

As in many other aspects of competitive sailing in Canada, The Royal Hamilton Yacht Club has led the way in the provision of on-site prevention, assessment, and treatment for sport injuries. In recent years, Kathryn Crowder and her dedicated volunteers have provided massage therapy and personal improvement sessions as an integral part of RHYC's High Performance Camps for young sailors.

For the past two years, Dr. David Levy has generously participated in a drop-in sport injury clinic for the sailors and coaches participating in the High Performance Camp. Dr. Doug Dittmer has given lectures on physical fitness programs and sport injury. The athletes and coaches have benefited immensely from a solid combination of prevention, assessment, and treatment for sports injuries from two noted Canadian sports medicine specialists.

The Sports Medicine Clinic and Spa for the 2002 International Europe Class World Championship will have great support from the community. Individuals and organizations from many health disciplines have expressed interest in volunteering their time and expertise. Dr. Edward (Ted) Crowther has agreed to be Chief Medical Officer for the event. Dr. Crowther is an Associate Professor at The Canadian Memorial Chiropractic College in Toronto. In addition, the following individuals and organizations have agreed to participate:

- The Canadian Therapeutic College of Massage
- Dr. Jim Lamontagne, chiropractor for the Hamilton Volleyball Team
- Carolyn Hannaford and the Ontario Association of Naturopathy

Our sincere hope is that all athletes and coaches have a safe regatta. Our goal is to enhance their experience of this event by providing the best possible assessment and support services at the Sports Medicine Clinic and Spa.